



Garmin GPSmap 60 Quick List

(with suggestions for setup when preparing for a training)

Last Updated: January 2006

Turn Unit On

1. Press the power button at the very top of the unit.

Is There an “Escape Key”? AND How do I move around

1. Yes, the “Quit” button functions like an Escape key.
2. It also brings you “up” one level at a time through menu screens.
3. “Page” brings you all the way to the top menu level and moves you between the Main Menu, the Satellites page, the Trip Computer Page, the Map Page, and the Information Page (the compass page).
4. “Menu” provides the menu for the page you are on, and if you hit it twice, it brings you to the Main Menu (no matter where you are).

Brighten the Backlight

1. Press (do not Hold) the power button.
2. Press (do not Hold) the power button again (or use rocker to adjust).
3. Press Enter when it is set the way you want it.
4. Remember, this uses more battery, so only do this when you need to.
5. Keep GPS screen out of direct sunlight when you are not reading screen, because heat makes it much harder to read.

Settings Recommended for Training

1. Press Menu.
2. Press Menu again (to reach the Main Menu).
3. Rocker to the Setup icon, press Enter to select it.
4. Rocker to the System icon, press Enter to select it.
 - i. GPS: Normal
 - ii. WAAS: Enabled
 - iii. External Power Off: Stay On
5. Press Quit to return to the Setup Menu.
6. Rocker to the Display icon, press Enter to select it.
 - i. Backlight Timeout: 1 minute
7. Press Quit to return to the Setup Menu.
8. Rocker to the Interface icon, press Enter to select it.

Note: These settings are for connecting to IPAQ handheld computers:

 - i. Serial Data Format: NMEA In/NMEA Out
 - ii. Baud: 4800

Note: For connecting to a laptop:

 - i. Serial Data Format: GARMIN
9. Press Quit to return to the Setup Menu.
10. Rocker to the Tones icon, press Enter to select it.
 - i. Be sure the “Mute” box is checked.



11. Press Quit to return to the Setup Menu.
12. Rocker to the Routing icon, press Enter to select it.
 - i. Guidance Method: Off Road
13. Press Quit to return to the Setup Menu.
14. Rocker to the Time icon, press Enter to select it.
 - i. Time Format: 12 Hour
 - ii. Time Zone and DST settings will depend on your area.
15. Rocker to the Units icon, press Enter to select it.

Note: These settings are very important! Be sure to write down what your group uses in the field so that you interpret the data properly later. Some of the choices will depend heavily on your group's preferences.

 - i. Position Format: UTM UPS
 - ii. Map Datum: WGS 84
 - iii. Distance/Speed: Metric (or Statute)
 - iv. Elevation: Feet (if using USGS topo maps)
16. Press Quit to return to the Setup Menu.
17. Rocker to the Heading icon, press Enter to select it.
 - i. Display: Cardinal Letters
 - ii. North Reference: True

Clearing Out All *Old* Waypoints

1. Press Menu.
2. Press Menu again (to reach the Main Menu).
3. Press the Find button.
4. Rocker to Waypoints and press Enter.
5. Press Menu.
6. Rocker to the “Delete...” option and press Enter.
7. Select “All Symbols” and press Enter.
9. If you are sure you want to delete all waypoints, Rocker to Yes and press Enter.
10. When you are done, press Menu twice to return to the Main Menu.

Clear Old Tracks and Disable “Breadcrumbs” Feature

1. “Breadcrumbs” are the little dots left on your screen as you walk around with the GPS on – they depict your “Track”.
2. It is usually better for introductory training programs to clear out old tracks and disable this feature until you are actually teaching about tracks (tracking to a coordinate or along a path previously walked).
3. Press Menu.
4. Press Menu again (for Main Menu).
5. Rocker to Tracks icon, press Enter.
6. To disable Tracks, rocker to the Off button on the Tracks page and press Enter (If you have this right, Off will look like a button pushed in).
8. Rocker to Clear and press Enter (to clear your most recent track log) and choose Yes to clear log (Track Use should drop to 0%).
9. Rocker to any entries under Saved Tracks and press Enter (by default these are saved in date format).
10. Rocker to Delete and press Enter (and choose Yes to delete old track records).
11. When you are done, hit Menu twice to return to the Main Menu.